



2014 Tri EXPO

Saturday, March 8, 2014 YMCA Healthy Living Center, Clive 9:00 a.m. - 4:00 p.m.

Recovery Workshops



This Year's Event Will Include:

- Over 20 Exhibitors
- Learning Lectures
 - Demonstrations
 - Grand Prizes
- Door Prizes Drawn Every Hour

Swim Analysis

